

# les nouvelles *esthétiques*

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*If your client's upper lip breaks out after a wax, recommend a mild topical steroid such as hydrocortisone and benzoyl peroxide cream.*

ment options for other skin conditions such as rosacea, acne, acne scarring and wrinkles. Our office has employed estheticians for more than 15 years and has found the association to be mutually beneficial and, most importantly, has enhanced the management of our patients.

### Stop sensitivity

**Q:** How do you stop hot spots or sensitivity around the nose and corner of the eyes and mouth with alpha-hydroxy acid creams?

**A:** Areas of the skin that create skin folds can cause an increased concentration of an alpha-hydroxy cream predisposing to redness and sensitivity. I generally recommend avoiding application of creams to areas such as the corners of the mouth and nose. Patients who are sensitive to alpha-hydroxy acid creams around the eyes should decrease their usage to alternate days to improve tolerability. Individuals who continue to experience sensitivity and redness should consider using alternative, non-prescription, anti-aging eye creams containing ingredients such as retinol, niacinamide or copper.

### Post-wax breakouts

**Q:** Help! My client's skin breaks out after I wax her upper lip. What should I do?

**A:** Most breakouts following a wax are due to follicular irritation. You should recommend a mild topical steroid such as hydrocortisone and benzoyl peroxide cream. If the condition persists, refer her to a dermatologist for treatment. ■

*Debra Price, M.D., graduated from New York University School of Medicine and interned at New York University Medical Center.*



*She is a diplomate of the American Board of Dermatology and an assistant professor at University of Miami's department of dermatology and cutaneous surgery. An author of several scientific papers, Dr. Price is an award-winning dermatologist and past president of the Miami Dermatologic Society, in Florida. She has a private practice in Kendall, FL. To reach her, please call (305) 670-1111.*